

Lunch Menu JANUARY

Monday	Tuesday	Wednesday	Thursday	Friday
9	10	11	12	13
Chicken Tenders French Fries Mixed Vegetables	Beef Nacho Supreme Refried Beans Corn	Mozzarella Sticks Marinara Sauce	Chicken Poppers Mashed Potatoes Gravy Mixed Vegetables	Chicken Parmesan Sandwich French Fries Carrots / Ranch
16	17	18	19	20
School Closed	Cheese Burger French Fries Broccoli	Chicken Fajita Rice and Beans Peas and Carrots	Rotini and Meat Sauce Dinner Roll Green Beans	Pizza Fresh Roasted Vegetables
23	24	25	26	27
General Tso Chicken Rice Broccoli	French Toast Sausage Link Hash Browns Mandarin Oranges	Mac & Chez Fish Sticks Green Beans Dinner Roll	Chicken Tenders Sweet Poatato Fries Corn	No Classes
30	31			
Chicken Vegetable Soup Cuban Sandwich	Cheese Burger French Fries Broccoli	Riblet Sandwich Potato Salad Broccoli	Cuban Sandwich Sweet Potato Fries Green Beans Chicken Stew White Rice Sweet Plantain	Tacos Rice & Black Peas Mexican Corn

Menu Subject to Change

Daily Options also include Deli Sandwiches with toppings and Chicken Caesar Salad
Each Meal includes a variety of fruits, vegetables, and 1 %milk options

Nutrition Services Office 267-270-4044 ext. 1194 Brian Watts, Nutrition Coordinator