

COVID-19 RESOURCE GUIDE

ESPERANZA ACADEMY
CHARTER SCHOOL

DEAR EA FAMILIES:

The outbreak of COVID-19 has brought with it significant challenges. At Esperanza Academy, we stand with you. Here is a guide with local and statewide resources that may help your family during these difficult times.

3150 N. Mascher Street, Phila. PA 19133



COVID-19 Family Resource Guide

Esperanza Inc. Resources:

In accordance with the directives of PA Governor Wolf, Esperanza offices will be closed indefinitely. We will continue to fulfill our mission and purpose within the parameters of public health and safety. While our offices are closed, we continue to provide quality services remotely. You can always contact the main number at **(215) 324-0746 X 200** and leave a message to receive more information.

- **PA Careerlink North** – Continues to service active clients seeking employment. For questions about general Careerlink services, please contact 1-833-753-5627 or visit www.pacareerlink.pa.gov. For any questions specific to our site, PA Careerlink North, please leave a message on our main number at 215-967-9711 and our staff will return your call as soon as possible.
- **Esperanza Housing Counseling** – Limited services will be provided remotely. If you are in need of housing counseling services, you may reach us at home@esperanza.us.
- **Esperanza Immigration Legal Services** – Limited services will be provided remotely. If you are in need of immigration legal services, please call (347) 719-1402.
- **Esperanza Arts Center** – All external rental events have been cancelled. All performances at Teatro Esperanza through the remainder of the season (ended June 13th) are now canceled. Like us on [Facebook](#) and stay tuned for a live stream season! For more information visit <http://teatroesperanza.us>
- **Artistas y Musicos Latino Americanos (AMLA)** – Limited online classes.
- For [BenePhilly](#) services and access to benefits, please contact cfonseca@esperanza.us.
- Members of the **Hunting Park Business Association** and other local small businesses should reach out directly to the Corridor Managers who remain accessible to provide remote support. Please email rrodriguez@esperanza.us or divera@esperanza.us.

Public Benefits

- Philadelphia Health Access Network: [Enroll in Health Insurance](#)
- Get Health Insurance For Your Child: [English Flyer](#) and the [Spanish Flyer](#)
- How to Apply for Unemployment Benefits: [English Flyer](#) and [Spanish Flyer](#)
- Unemployment FAQ: [English Flyer - Spanish Flyer](#)

Children and Youth

- Free Pregnancy, Baby, and Toddler Supports: [Free pregnancy, baby, and toddler support during COVID-19 | Department of Public Health](#)
- PCCY Toolkit To Help Kids During The Coronavirus Shutdown: [COVID - Toolkit To Help Kids During The Coronavirus Shutdown](#)
- Tips for Teens: [How teenagers can protect their mental health during coronavirus \(COVID-19\)](#)
- Families Belong Together: [Home With Kids](#)
- How to talk to children about COVID-19: [English Flyer](#) and [Spanish Flyer](#)

COVID-19 Resources

- CDC Fact sheets (available in multiple languages): [CDC Coronavirus Print Resources](#)
- CDC How to Make a Mask Video: [How to Make a Mask](#)
- Philadelphia 24/7 Medical Help Line: Speak to a medical professional at **1-800-722-7112**
- Philadelphia COVID Information: www.phila.gov/COVID-19



- Philadelphia Health Centers: [City health centers | Service](#)
- Philadelphia COVID Testing Sites: <https://www.phila.gov/covid-testing-sites/#/>

Crisis Support

- Crisis Text Line: To connect with a crisis counselor about anxiety, isolation, concerns about school, financial stress, etc. related to COVID-19, text SHARE to 741741 for [free, confidential, 24/7 support](#).
- Domestic Violence Support: [Get Help](#)
- Substance Abuse and Mental Health Service Administration (SAMHSA)
 - For the Hotline: [National Helpline](#). This provides everything from substance abuse to the suicide hotline, as well as links for Mental Health services.
 - For the Behavioral Health Treatment Services Locator [SAMHSA Behavioral Health Treatment Services Locator: Home](#). This is a direct link to find a variety of Mental Health Providers.
 - Counseling services available to you through their [Disaster Distress Helpline](#) and [Response Mobile App](#)

Food and Meal Resources

- Free Summer Meals: <http://www.hungercoalition.org/summermeals>
- DHS list of food pantries: [Food Pantries](#)
- Philadelphia Food Pickup Sites: [Food distribution sites](#) Open to all, **no proof of income or immigration status required.**
- P-EBT Information: [Coronavirus Pandemic EBT](#)
- United Way referral line: Dial 2-1-1
 - Available 24/7, has Spanish-speaking operators and ability to use translation service
 - Offer referrals for food banks and other social services statewide

Housing/Rental Assistance

- City of Philadelphia [COVID-19 Emergency Rental Assistance Program](#).
 - Deadline to Apply for Phase 2 of this program is **September 30, 2020** or until the funds run out
 - To be eligible, renters must:
 - Rent an apartment or house in Philadelphia
 - Have a valid and current written lease signed by landlord
 - Have lost income because of COVID-19
 - Meet income guidelines

Housing Related Advocacy

- [Save Your Home](#): Help for people worried about foreclosure.
- [Philly Tenant](#): Visit the Philly Tenant website for more information about Philadelphia Eviction Prevention Program's and up to date information for tenants, or call the Philly Tenant Hotline at 267-443-2500 to be connected to housing counseling or legal services.
- Philadelphia Tenants Union Guide: <http://phillytenantsunion.org/covid-19/>

Health and Wellness

- Philadelphia 24/7 Medical Help Line: Speak to a medical professional at **1-800-722-7112**
- Philadelphia COVID Information: www.phila.gov/COVID-19
- Philadelphia Health Centers: [City health centers | Service](#)
- Philadelphia COVID Testing Sites: <https://www.phila.gov/covid-testing-sites/#/>
- Low Cost Medical Services for Immigrants: [English Flyer](#) and [Spanish Flyer](#)



- Free Clinic Directory has nationwide resources for uninsured people to [connect with affordable and free health clinics in their area.](#)

Internet Services

- Comcast Essentials: [Stay Connected during COVID with Comcast Internet Essentials](#)

Immigrant Resources

- Juntos Filadelfia: [JUNTOS contra COVID](#)
- Low Cost Medical Services for Immigrants: [English Flyer](#) and [Spanish Flyer](#)
- Guidance on applying for Medical Assistance for immigrants (CLS): [Many Immigrants Can Get Medical Assistance for Coronavirus Treatment - Community Legal Services](#)
 - [English Flyer - Spanish Flyer](#)

Mental Health Resources

- **Substance Abuse and Mental Health Service Administration (SAMHSA)**
 - For the Hotline: [National Helpline](#). This provides everything from substance abuse to the suicide hotline, as well as links for Mental Health services.
 - [SAMHSA Behavioral Health Treatment Services Locator: Home](#). This is a direct link to find a variety of Mental Health Providers.
 - Counseling services available to you through their [Disaster Distress Helpline](#) and [Response Mobile App](#)
- Find a therapist: <https://www.psychologytoday.com/us/therapists>
- Find a Social Worker: [Find a Social Worker](#)
- Informed Immigrant [Mental Health Toolkit](#): Taking Care of Yourself & Loved Ones
- Center for Disease Control: Tips on Managing Anxiety & Stress during infectious disease outbreaks in [English](#) or [Spanish](#)
- Bilingual Self-Care and Safety Plan Resources: [Social Work Tech – Empowering Social Work](#) supporting the mental and physical health
- **Spanish tips for self-care during Covid-19: [Tips for Self-Care During COVID-19 \(Spanish\)](#)**
- **Self-care for Caregivers (Bilingual): [Self-Care | Care 2 Caregivers](#)**

Summer Learning Resources

- Esperanza Academy Summer Climb Reading Challenge: [English Flyer](#) and [Spanish Flyer](#) (only for current EA elementary students)
- Esperanza Academy Daily Work for Elementary Students: [English Flyer](#) and [Spanish Flyer](#)
- Esperanza Academy HS Summer Reading: [Instructions](#)
- Free Online Educational Websites: [English Flyer](#) and [Spanish Flyer](#)
- Virtual Summer Camp List: [16 Free Virtual Summer Camps Your Kids Will Love](#)