Esperanza Academy Charter School	Lune	cha	Men	U
Monday	Tuesday	Wednesday	Thursday	Friday
High School				
1	2	3	4	5
Chicken Nachos Peas and Carrots	Cheese Burger French Fries Broccoli	Chicken Tenders Mashed Potato Mixed Vegetables	Grilled Cheese Tomato Soup Green Beans	Loaded Steak Fries Beef, Cheese Sauce, Bacon, Broccoli
8	9	10	11	12
Chicken Wings French Fries Broccoli	French Toast Sausage Link Hash Browns	Turkey Tacos Refried Beans Corn	General Tso Chicken Rice Oriental Vegetables	Pizza Carrot Packs / Ranch
15	16	17	18	19
Chicken Poppers Mashed Potatoes Gravy Mixed Vegetables	Loaded Steak Fries Beef, Cheese Sauce, Bacon, Broccoli	Mozzarella Sticks Marinara Sauce	Fish Stix Mac & Chez Green Beans Dinner Roll	Spicy Chicken Sandwich French Fries Carrots / Ranch
22	23	24	25	26
Beef Nacho Supreme Refried Beans Corn	Cheese Burger Old Bay French Fries Broccoli	Riblet Sandwich Roasted Potato Mixed Vegetables Dinner Roll	Grilled Cheese Tomato Soup Green Beans	Pizza Fresh Roasted Vegetables
29	30	31		
School Closed	Cheese Burger French Fries	Chicken Tenders Mashed Potato		

Menu Subject to Change

Mixed Vegetables

Broccoli

Daily Options also include Deli Sandwiches with toppings and Chicken Caesar Salad Each Meal includes a variety of fruits, vegetables, and 1 %milk options

Nutrition Services Office 267-270-4044 ext. 1194 Brian Watts, Nutrition Coordinator